

# MBTI:

## LEADERSHIP BY TYPE

a workshop

### OVERVIEW

The Myers-Briggs Type Indicator (MBTI) is the world's most popular personality assessment. With questions that have been refined over the last 80 years and over two million people participating annually, the MBTI assessment serves as a tool to better understand both ourselves and the people around us. Applicable cross-culturally and translated into 30+ languages, the MBTI provides a common language that enables team members to work through conflict, leverage strengths, and celebrate differences.

This customizable, interactive workshop uses fun role plays and exercises to help a team understand how each of their team members is wired, what similarities are shared, and what differences to remember.

### WALK AWAY UNDERSTANDING:

- How to successfully work with each team member
- How to energize each person on your team
- What frustrates or stresses out each team member
- What pitfalls each team member is working through

### TAKE AWAY RESOURCES



INDIVIDUAL ASSESSMENT



MBTI TEAM MAP



BOOKLET OF TEAM ONE-PAGERS



LIROS GROUP