

a workshop

# EMOTIONAL INTELLIGENCE: THE SECRET SAUCE OF HIGH PERFORMING TEAMS

Would it surprise you to hear that 58% of all job performance is based on Emotional Intelligence (EQ)? While competency is typically how organizations hire and invest, emotional intelligence is crucial in how successful individuals are and often what leads to him or her being promoted. Fortunately, unlike IQ, EQ is a skill that can be developed, practiced, and honed. As job performance is predicated on exercising and applying emotional intelligence as much as it is on competency, it is a top skill that organizations ought to invest in.

## BENEFITS



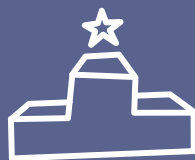
INCREASE  
ENGAGEMENT



DRIVE  
EFFICIENCY



IMPROVE  
PERFORMANCE



PRODUCE  
SUPERIOR  
RESULTS

## TAKE AWAYS

- What emotional intelligence actually is
- What components make up emotional intelligence
- How to practice and apply emotional intelligence
- How to use emotional intelligence to improve and enhance verbal and email communications
- How to use emotional intelligence to increase engagement and performance
- The funniest role play you'll ever witness!



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